



## Zentangle Art Instructions

Remember how you used to doodle on your schoolbook covers that you made from old brown shopping bags? Now you can doodle on fabric and use them to make one-of-a-kind quilts, bags, wall hangings, clothing, and so much more. This is now called Zentangle Art.

There are no mistakes! They don't need to be perfect. You just need to relax and have fun.

For ideas to get you started go to [www.Pinterest.com/bergquistbobbie](http://www.Pinterest.com/bergquistbobbie) and scroll down to my Zentangle page. Create your Zentangle page and save the ones you like. Follow me on Pinterest and you will receive notifications when new designs are added. Don't try to make them exactly as I have drawn them. By using this technique, you will be making a one-of-a-kind piece of fabric.

This can be done on fabric & Quilters Treasure pre-quilted blocks. The block shown is a 12" x 12" pre-quilted block. I have used an Ultra-Fine Black Sharpie Pen. & Added a border. I did layer this block & border with a full-sized piece of batting and backing. Once it was quilted, I went back and quilted the outline of the design which was previously quilted on the block. By doing this I created a trapunto effect on the block.

When using any pens on fabric you should take a scrap of the fabric you will use. Write the names of each pen on that fabric. Heat set then wash. If a pen runs, remove before starting. This should be repeated each time you change fabrics or pens.

You can use any sized blocks or single piece of fabric to create unique, one-of-a-kind quilts. Combine with other patterns to make a lap or bed quilt. Great for beginner to advanced.

When using fabric, it is helpful to iron a piece of freezer paper to the back to stabilize and prevent ink from staining your work surface.

You can use any type of pen that can be used on fabric. Be sure to heat set before you attempt to wash your fabric. This technique can be used on other mediums such as paper. We suggest Pigma Pens which come in various sizes and Fabrico Pens. Check our web site to see sizes available. [www.QuiltersTreasure.com](http://www.QuiltersTreasure.com)

You can also add color to you block or fabric before or after you have done your doodle. Remember to heat set all your colors. When using Tsukineko Liquid inks, you can mix them with shaving cream to keep them from bleeding into the batting & backing of the pre-quilted block or fabric. Fabrico Pens are also easy to use to add color. When selecting inks be sure they are for fabrics and that you follow the manufactures instructions on making them Permanente.

Should you mark something you cannot stand to be on the quilt, there is a solution. Use Tsukineko All Purpose White Ink (aka Quilters White Out) to cover the unwanted line. It may take more than one application. This should be dried brushed in small amounts. Allow ink to dry before adding additional layers.

If you have questions or need help you can contact Bobbie at [joe@QuiltersTreasure.com](mailto:joe@QuiltersTreasure.com) or 603-532-4844. Visit our web site at [www.QuiltersTreasure.com](http://www.QuiltersTreasure.com) to see other pre-quilted blocks available.

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